



Dear WFA Participant,

Thank you for your interest in participating in the WMI Wilderness First Aid Course at Western Carolina University. We are pleased to be affiliated with WMI and serve as a resource to you for your training needs.

Title: WMI Wilderness First Aid

Dates: April 14-15

Times: 8am-5pm

Cost: WCU Student: \$155.00

Student: \$175.00 (please plan to present a current student ID at check in)

Professional: \$190.00

*Lunch will be provided for all participants

Included in this packet are:

- Registration Form
- Health forms
- Releases
- Gear List
- Directions to base Camp Cullowhee at WCU
- Course Policies and expectations
- Directions

To complete our registration please send us your registration form, health form, and releases along with your non-refundable deposit for %50 of the course tuition. Please see the deposit / refund policies within the course policies and expectations section of this packet. We will confirm that this course is running no later than 30 days before the start date so that you may confirm your travel plans.

Please go through the entirety of this packet and feel free to contact us with any questions that you may have. There are 2 sets of waivers and assumption of risks, please complete both sets as Landmark Learning and Western Carolina University each require separate forms. We look forward to welcoming you to Base Camp Cullowhee and WCU.

Sincerely,

Jennifer Bennett
Assistant Director of Outdoor Programs
Western Carolina University
828.227.3625
Jwbennett@wcu.edu

REGISTRATION

WMI Wilderness First Aid

April 14-15, 2012

Please return this completed form along with your deposit, health forms, and releases at least 30 day prior to your course date. This information is confidential and will be used in the event that we need to contact you with questions, course changes or cancellations, and other related information.

Name _____ Cell # _____

Mailing Address _____

Day # _____ Email _____

WC Student \$155.00

Student \$175.00

Professional \$190.00

Form of Payment

Pay cash with dropped of registration (WCU students only)

Check enclosed (Checks may be made out to WCU)

Credit Card number enclosed

Credit Card Information: if you reserved a spot in this course with a credit card over the phone, please fill out the following portion and sign below. Please refer to the course policies and expectations section for billing and refund information.

Pay now in full

Charge 50% Tuition Now

Visa / MC #: _____

Expiration (MM/YY) _____

Amount to be charged: _____

Signature: _____ Date: _____

WCU requires parking permits for all cars on campus. If you are not a student or faculty at WCU please include your vehicle information so that we may have a pass for you when you arrive.

Make / Model: _____ Color: _____

License Plate #: _____

Student Agreement

I have read, understand, and agree to abide by all course policies and expectations while on the campus of Western Carolina University.

Signature: _____ Date: _____

Course Policies and Expectations

Deposits and Refunds

1. 50% tuition deposit required to hold a spot in a course
2. Full course payment due 30 days prior to the start of the course
3. Registration within 30 days of a course requires full payment upon registration
4. If student cancels:
 - More than 30 days prior to course start , funds paid minus \$36 admin fee is refundable.
 - Within 30 days prior to course start there will be no refunds
5. If Base Camp Cullowhee cancels the course for any reason all payments will be refunded.

Smoking Tobacco Use

Western Carolina University does not permit smoking or other tobacco use in or within 50 feet of any building. If you must use tobacco during your course please do so within the designated areas only at appropriate times.

All Base Camp Cullowhee events are Alcohol and Drug free. Use of alcohol or drugs will be grounds for immediate dismissal from the course. Students will be held to the Student Code of Conduct (<http://www.wcu.edu/8049.asp>). Please, we also ask that for your safety and the safety of others you conduct yourselves appropriately out in the Jackson County community.

Firearms

The possession and/or use of firearms is not permitted on the campus of WCU. This is grounds for dismissal.

Pets

Please leave your pets at home.

Lodging and Directions

Lodging is not included in this course but is available on Western Carolina University for an additional fee of \$59.75 per night please let us know upon registration if you would like to stay on campus. Payment must be made with reservation. The lodging is hotel style rooms with 1 queen bed and is within a short walk of the classroom site.

The Jackson County Chamber of Commerce is a great place to find lodging or camping options they may be reached at 1.800.962.1911 or visit their website at http://mountainlovers.com/content_recommended_lodging.asp.

Directions to Western Carolina University

From Asheville, NC and points east: Follow I-40 West to Exit 27 (Highway 74 West). Follow Highway 74 West to Exit 85 in Sylva. At third light turn left onto Highway 107 South. Follow Highway 107 South to campus.

From Knoxville, TN and points west: From I-40 East, take Exit 27 to Highway 74 West. Follow Highway 74 to Exit 85 in Sylva. At third light turn left onto Highway 107 South. Follow Highway 107 South to campus.

From Charlotte, NC: From I-85 South, exit onto Highway 74 West towards Shelby. Follow Highway 74 West to I-26 West to Asheville. In Asheville, exit left onto I-40 West. Follow directions above from Asheville.

From Atlanta, GA: From I-85 North, exit left onto I-985. I-985 will turn into GA 365 and will then merge with 441 North. Follow 441 North to Dillsboro, NC. At the light in Dillsboro, turn right onto Business 23. Follow Business 23 through Dillsboro and Sylva to Highway 107 South intersection. Go straight through intersection and follow Highway 107 South to campus.

To Base Camp Cullowhee:

Take a left onto WCU's Campus.

After making the left stay in the far right lane to avoid the roundabout.

Continue straight to the stop light and take a right onto Central Drive.

Take the 3rd drive on the left and stay to the left.

Park in the parking lot and come in the back doors of Base Camp Cullowhee.

Please call if you have any problems.828.506.3168

Wilderness Medicine Institute

AN INSTITUTE OF THE NATIONAL OUTDOOR LEADERSHIP SCHOOL

STUDENT AGREEMENT (INCLUDING ASSUMPTION OF RISKS AND AGREEMENTS OF RELEASE AND INDEMNITY)

In consideration of the services of The Wilderness Medicine Institute of The National Outdoor Leadership School ("WMI"), I, joined by my parents or guardian if I am a minor in my state of residence, agree and acknowledge as follows:

ACTIVITIES AND RISKS

I understand that WMI courses teach wilderness first aid, also known as wilderness medicine, and are taught in classroom and outdoor settings. The outdoor portions will occur during the day or at night in various types of environments from grass lawns to rugged wilderness-like terrain and in weather conditions that include heat, cold, wind, snow or rain or other conditions. I acknowledge that the activities of the course have risks, including certain risks which are inherent. Inherent risks are those which cannot be eliminated without destroying the unique character of the activities. The same elements that contribute to the unique character of these activities can cause loss or damage to equipment, accidental injury, illness, or in extreme cases, permanent trauma, disability or death. I understand that WMI considers it important for me to know in advance what to expect and to be informed of the activities' inherent risks. The following describes some, but not all, of those risks.

- WMI courses may occur in remote places. They may occur on lands open to the public, and exposed to the acts of persons not associated with WMI. Communication and transportation may be difficult and evacuations and medical care may be significantly delayed.
- WMI activities may be strenuous, physically and emotionally.
- Physical activities include running, hiking, repetitive lifting and carrying. Certain activities will require travel by foot and other means, over unimproved roads, hiking trails and rugged off-trail terrain including downed timber, river crossings, snow, ice, steep slopes, slippery rocks and other features. These travel risks include falling, drowning, becoming lost and others usually associated with such travel, including environmental risks.
- Environmental risks and hazards include flowing, deep and cold water; insects, snakes, animals; falling and rolling rock; lightning, falling timber, and unpredictable forces of nature, including weather which may change to extreme conditions without notice. Possible injuries and illnesses include hypothermia, frostbite, sunburn, heatstroke, dehydration, and other mild or serious conditions.
- Students will participate in realistic simulated injury and illness scenarios and will at times act the role of patient, being handled, carried and otherwise treated as patients of a medical emergency in simulated situations. Students will also use and practice with various medical equipment. Training, under close staff supervision, may include the option of injecting, and being injected, by fellow students. Risks associated with this training include being inadvertently stuck by a needle, being dropped or otherwise mishandled while being carried; unwelcome touching while acting the role of patient in a scenario; and emotional distress in response to training scenarios.
- WMI may require students to arrange their own transportation to locations away from the primary classroom from which further activities will be conducted. This travel is not supervised by WMI and includes the use of personal vehicles and/or carpooling in vehicles not owned or controlled in any way by WMI.
- Equipment may fail or malfunction.
- Decisions made by the instructors, other staff (including volunteers), contractors and students will be based on a variety of perceptions and evaluations which by their nature are imprecise and subject to errors in judgment. Misjudgments may pertain to, among other things, a student's capabilities, environment, terrain, water and weather conditions, natural hazards, routes and medical conditions.
- WMI students, including minors, may have "free" time before, during and after their course. WMI has no responsibility for students during their free time before and after their course. WMI staff may from time to time provide assistance or even accompany students in these free time activities, but in doing so, they are acting as private individuals, and WMI is not responsible for their conduct. Even during the course WMI cannot continually monitor the behavior and activities of students and students must accept responsibility for themselves and others whether or not under the direct supervision of WMI staff.
- WMI programs in foreign countries may be exposed to laws, legal systems, customs and behaviors, animals, diseases and infections not common to the United States; in addition, these courses may be subject to dangerous road travel, political unrest, riots, demonstrations, banditry, terrorism, and other criminal conduct, including drug related activities.
- WMI may from time to time use the services of private contractors for certain tasks, including, for example, transportation and food service. WMI is not responsible for the acts or omissions of such contractors.

I acknowledge that the staff of WMI has been available to more fully explain to me the nature and physical demands of my WMI course and the inherent risks, hazards, and dangers associated with this course.

PARTICIPANT AGREEMENT, RELEASE, AND ASSUMPTION OF RISK

In consideration of the services of Landmark Learning, Inc., their agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "LL"), I hereby agree to release, indemnify, and discharge LL, on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I acknowledge that my participation in hiking, camping, backpacking, caving, swimming, trailbuilding and/or individual and group initiatives, problem solving exercises and personal or professional growth and development training, including clinical and field experiences for EMT students, entails known and unanticipated risks that could result in physical or emotional injury or death. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.

The risks may include, among other things: Strenuous physical activity; slipping and falling; pinches, scrapes, twists and jolts; sprains, strains, broken bones; collision with fixed or movable objects; weather conditions; falling objects; water hazards; exhaustion; exposure to temperature and weather extremes which could cause hypothermia, hyperthermia (heat related illnesses), heat exhaustion, sunburn, dehydration; and exposure to potentially dangerous wild animals, insect bites, and hazardous plant life; rope burns; being struck by rock fall or other objects dislodged or thrown from above; equipment failure; and improper lifting or carrying; my own physical condition, and the physical exertion associated with this activity; the condition of roads, terrain, or highways and accidents connected with their use; other participants' and/or my own negligence; and emotional stress.

Furthermore, LL facilitators have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They may give inadequate warnings or instructions, and the equipment being used might malfunction.

2. I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.

CHALLENGE BY CHOICE: LL programs are composed of activities that may be unfamiliar to participants. To insure participants' control over their own personal safety, we have adopted the philosophy of "Challenge by Choice". At all times, participants in activities are completely in control of their own level of participation. During our programs participants need only to do or attempt to do those things that they choose. I (the "Participant") must:

- i) Listen carefully to all instructions and briefing;
- ii) Set my own goals in relation to the group's goals;
- iii) Make a decision as to my level of participation; and
- iv) Inform others of my choice.

No one will force me to do anything – the choice is clearly my own. During the program, LL facilitators will provide a challenging setting in which I may expand my limits while supporting my personal boundaries.

**Note: Because nationally standard certification programs require a baseline involvement and skill competency, choosing not to participate during such programs may affect your end certification status. However, your participation is recognized as voluntary and will be upheld by LL facilitators at all times.*

3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless LL from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of LL's equipment or facilities.

4. Should LL or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.

5. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I understand that LL does not provide health insurance for students of their courses. I further certify that I am willing to assume the risk of any medical or physical condition I may have.

SIGNATURE (PAGE 1): _____ **DATE:** _____

6. In the event that I file a lawsuit against LL, I agree to do so solely in the state of North Carolina, and I further agree that the substantive law of that state shall apply in that action without regard to the conflict of law rules of that state. I further agree that the place of this release, its situs and forum, will be Jackson County, North Carolina, and it is said county and state for all matters whether sounding contract or tort relating to the validity, construction interpretation, and enforcement of this release be determined. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against LL on the basis of any claim from which I have released them herein. I also acknowledge that I have fully satisfied myself as to the nature of the activity or activities in which I will be participating, the risks associated with each such activity, the concept of "Challenge by Choice", and my responsibility to know my own limits. In the event of illness or injury, consent is hereby given to provide emergency medical care, hospitalization, or other treatment that may become necessary.

I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

Signature of Participant _____ Print Name _____
Address _____
Phone _____ Date _____

PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION

(Must be completed for participants under the age of 18)

In consideration of _____ (print minor's name) ("Minor") being permitted by LL to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold harmless LL from any and all Claims which are brought by, or on behalf of Minor, and which are in any way connected with such use or participation by Minor.

Parent or Guardian: _____ Print Name: _____ Date: _____

Photo / Media Release

I grant Landmark Learning, Inc., the right to use, reproduce, assign and/or distribute photographs, films, video tapes, and sound recordings of me for use in materials they may create.

Signature: _____

Parent/Guardian's Signature _____

WESTERN CAROLINA UNIVERSITY

**Base Camp Cullowhee
Medical Information Form**

All participants must complete and sign the Assumption of Risk Agreement

Name: _____
Student ID Number: _____ Email address: _____
Address: _____ Phone: _____
City: _____ State: _____ Zip: _____ Age: _____ Sex: M / F (circle)

Insurance Provider: _____ Policy #: _____

Emergency Contact Name/Relationship: _____
Phone: (Home/Cell): _____ Phone: (Alternate): _____

Medications Currently Taking (prescription or over-the-counter): _____

Health History (describe condition/treatment where possible): _____

Allergies (insects, stings, drugs, etc.) : _____

Conditions Requiring Regular Medication (diabetes, epilepsy, etc.): _____

Recent Injuries, Illnesses, Operations: _____

Other Physical Disabilities, Chronic or Physical Conditions: (heart or back problems, pregnant, high blood pressure, etc.): _____

Emotional, Mental or Behavioral Disorders (phobias, etc): _____

Authorization for Emergency Medical Care

I am aware of my past and present health and fitness in relationship to strenuous activity. Information about my all prescription drugs that I am currently taking is noted on this form. I will participate in all course activities except the following (as limited by myself and/ or my physician):

Should an accident or emergency occur that renders me unable to communicate, I hereby give permission to the physician selected by present course staff members to provide emergency medical care, and to hospitalize and/or secure proper treatment for me.

Signature: _____ Date _____
(Parent/Guardian sign here if under 17 years old)

On occasion, WCU personnel takes promotional photos of groups. If you do NOT want your photo taken, please sign.

Signature: _____ Date: _____ (Parent/Guardian if under 17 years old)

Your participation in Base Camp Cullowhee program will be determined based on a review of this form by the facilitation team. Failure to submit this form will mean that you may be an observer, rather than a full participant. Regardless of your physical condition, you are expected to pay attention to your body and its physical limitations to select an appropriate level of participation. Failure to complete all portions of this form could result in injury or compound the damage to an existing injury.